

12. *I communicate and collaborate online* – with people I already know and have met in real life or that a trusted adult knows about. I check with a trusted adult before I chat with anyone for the first time, even if they are a ‘chatbot’.
13. *I know online friends might not be who they say they are* – I am careful when someone wants to be my friend. Unless I have met them face to face, I can’t be sure who they are.
14. *I never pretend to be someone else online* – it can be upsetting or even dangerous.
15. *I check with a parent/carer before I meet an online friend* the first time; I never go alone.
16. *I don’t go live (videos anyone can see) on my own* – and always check if it is allowed. I check with a trusted adult before I video chat with anybody for the first time.
17. *I don’t take photos or videos or people without them knowing or agreeing to it* – and I don’t create artificial images, videos or deepfakes of others without consent. I never film fights or people when they are upset or angry. Instead ask an adult or help if it’s safe.
18. *I keep my body to myself online* – I never get changed or show what’s under my clothes when using a device with a camera. I remember my body is mine and no-one should tell me what to do with it; I don’t send any photos or videos without checking with a trusted adult.
19. *I can say no online if I need to* – I don’t have to do something just because someone dares or challenges me to do it, or to keep a secret. If I get asked anything that makes me worried, upset or just confused, I should say no, stop chatting and tell a trusted adult immediately.
20. *I tell my parents/carers what I do online* – they might not know the app, site or game, but they can still help me when things go wrong, and they want to know what I’m doing.
21. *I follow age rules* – 13+ games, apps and films aren’t good for me so I don’t use them – they may be scary, violent or unsuitable. 18+ games are not more difficult but very unsuitable.
22. *I am private online* – I only give out private information if a trusted adult says it’s okay. This might be my address, phone number, location or anything else that could identify me or my family and friends; if I turn on my location, I will remember to turn it off again.
24. *I am careful what I share and protect my online reputation* – I know anything I do can be shared and might stay online forever (even on Snapchat or if I delete it).





25. ***I am a rule-follower online*** – I know that apps, sites and games have rules on how to behave, and age restrictions. I follow rules, block bullies and report bad behaviour, at home and at school.
26. ***I am part of a community*** – I do not say mean things, make fun of anyone or exclude them because they are different. If I see anyone doing this, I tell a trusted adult and/or report it. I talk to others online how I would like to be spoken to.
27. ***I respect people's work*** – I only edit or delete my own digital work and only use words, pictures or videos from other people if I have their permission or if it is copyright free or has a Creative Commons licence.
28. ***I am a researcher online*** – I use safe search tools approved by my trusted adults. I know I can't believe everything I see, and I know which sites to trust, and how to double check information I come across. I will not copy anything without permission. If I am not sure I ask a trusted adult.
29. ***I use AI safely and fairly*** – I know AI (like chatbots, image makers or voice changers) is made by people and can sometimes get things wrong. I check facts with a trusted adult before I believe or share them. I don't use AI to be unkind, cheat, or pretend to be someone else, and I won't give it private information.





I have read and understood this agreement. If I have any questions, I will speak to a trusted adult:

At school that might mean:

- 1) _____
- 2) _____

Outside school, my trusted adults are:

- 1) _____
- 2) _____



Signed: _____

Date: _____

