

Things I already know

*I know how to demonstrate the skills of running and changing direction.
I know how to complete and running and jumping course.
I know how to roll a ball with accuracy and control.*

Key Facts

- Athletics is both an outdoor and indoor sport.
- The Olympic Games feature athletics as one of the main events.
- Athletics develops the most basic human skills- running, walking, jumping and throwing.
- Athletic games are competed all over the world.

Key Vocabulary

Sprinting- to run a short distance at top speed.

Hurdling- to leap over obstacles while running.

Throwing- to launch something from one hand with force.

Jumping- to jump over obstacles while running.

Questions I can answer

Am I able to work independently and as a team in competitive games?

Can I name 3 athletic games that take part in the Olympics?

Significant people



Ellie Simmonds- GB
Paralympic Swimmer

FRUITS

Faith – How different cultures and religions come together and compete.

Relationships – Working together as a team.

Uniqueness – Each Athlete has their own unique style.

Intellect – How we use our knowledge in each race

Treat Others with Respect – Show respect during all competitive games.

Salvation – Understanding that it's okay if you fall, just know to get back up and keep going.