

Things I already know:

- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.
- Notice that animals, including humans, have offspring which grow into adults.
- Identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat.
- Identify that humans and some other animals have skeletons and muscles for support, protection, and movement.
- Describe the simple functions of the basic parts of the digestive system in humans.
- Identify the different types of teeth in humans and their simple functions.

Key facts

- That humans start as babies, move into childhood, then into puberty (teenagers), to young adults and into adulthood.
- That humans have multi stages of growth throughout their lives.
- That as humans become older, things such as their bones fuse together and their muscles develop.
- An adolescent is a young person between 10 and 19.
- Puberty is the stage of development between childhood and adulthood.
- Two parts of the brain- the hypothalamus and the pituitary gland- start to make more of certain hormones.

Key vocabulary

Life cycle- The different stages a living thing goes through from being born, growing up, becoming an adult, and getting old.

Growth- When your body gets bigger and taller as you get older.

Puberty- The time when your body starts changing from a child's body to an adult's body.

Adolescence- The time between being a child and becoming an adult when many changes happen.

Development- How your body and feelings change and get stronger as you grow up.

Secondary sexual characteristics- Changes that happen during puberty like growing hair in new places, your voice getting deeper, or girls developing breasts.

Questions I can answer.

- How do humans grow and change before they are born?
- What happens between birth and adolescence?
- When does the body start to change and what happens?
- How does my body change in old age?
- What other animals are similar to humans?

Significant people



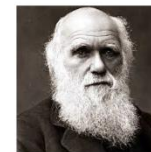
Carl Linnaeus

He classified plants and animals to help us understand their differences and how they grow and reproduce.



Jane Goodall

She studied how animals like chimpanzees grow, behave, and care for their babies in their life cycles.



Charles Darwin

He explained how animals and plants adapt and evolve over time to survive and reproduce successfully.

FRUITS

- Respect – Children will learn that every stage of life is important and deserves kindness — from babies who need care to elders who have wisdom. We show respect by listening, helping, and being gentle with people of all ages.
- Intellect - Learning about how we grow from babies to adults helps us understand ourselves and others better. The more we know, the more we can take care of our bodies and make smart choices.
- Everyone grows at their own pace and has their own story. What makes us different is what makes us special!

