

Basketball

Know, Show and Grow Progression

Year 3



This document shows the progression of knowledge (Know), skills (Show) and the development of a child's characteristics (Grow) each week throughout the unit.

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Know	How to vary movement to control the ball on the move (Year 3 & Year 4)	The basic rules of basketball (Year 3) The terminology such as double dribble, travelling, triple threat and pivoting (Year 4)	The techniques of passing the ball (Year 3) When to do a chest pass or bounce pass in basketball (Year 4)	How to maintain procession of the ball (Year 3) To use quick passes, movement and communication under pressure (Year 4)	How to shoot the basketball (Year 3) How to work as a team to find space (Year 4)	The principles of attacking and defending when playing a competitive game (Year 3) How to communicate with team mates in a game situation (Year 4)
Show	Control a basketball using both hands and perform various skills (Year 3 & Year 4)	Control the ball on the move by dribbling (Year 3) Keep my head up to be aware of my environment (Year 4)	Pass the ball using good techniques (Year 3) Step in the direction of chest or bounce pass (Year 4)	Pass the ball on the move with good technique (Year 3) Communicate with my team mates (Year 4)	I can use the correct technique of balance, elbow, eye line and follow through (BEEF) to shoot a basketball (Year 3) Communicate with my team mates (Year 4)	Dribble, pass and shoot the basketball using correct technique to play in a game (Year 3) Communicate with my team mates (Year 4)
Grow	Understand the term losing and how to behave when we lose in PE and beyond.	Understand the importance of attacking in sport and competition.	Understand the term winning and how it might impact behaviour in PE and beyond.	Understand the term losing and how to behave when we lose in PE and beyond.	Understand the importance of attacking in sport and competition.	Understand the term winning and how it might impact behaviour in PE and beyond.