

Year 1, Unit 1 Overview

My Musical Heartbeat

This unit of work is clearly sequenced with supporting **Lesson Plans**. For every year group, a **Key Learning** document represents the expected standard of musical learning that will build through each unit across the year. For a more in-depth explanation of the resources and documentation, please see the **Model Music Curriculum Scheme Guide** on the Scheme homepage.

Each unit has a **Musical Spotlight** and a **Social Question** (explained below) and sets out sequences of learning around songs in key musical areas. Over time, all of this contributes towards the steadily increasing development of musical learning. The music, **Musical Spotlights** and **Social Themes** all grow together to support the development of a whole, happy and musical child.

What is a Musical Spotlight?

Each unit of work has a **Musical Spotlight**. Just like the **Social Questions**, the **Musical Spotlights** deepen as the children move through the Scheme. They offer an opportunity for a musical focus in each unit and a way to deepen the children's musical knowledge and understanding. Each **Musical Spotlight** highlights a musical activity and/or musical element to be discussed, learnt about and integrated into each lesson of the unit. This can be done through the unit songs. Use the **Musical Spotlights** flexibly within each lesson. Tell your audience about them when introducing your performance.

Unit Musical Spotlight: My Musical Heartbeat

Explain the following to the children:

Every piece of music has a heartbeat - a musical heartbeat. In music, we call it the 'pulse' or the 'beat' of the music. When you are listening and singing to the music and songs in this Unit, try to find and keep the pulse or steady beat together. You might march, clap or sway in time - find a movement that helps you to keep the beat.

What is a Social Question?

Each unit is centred around a **Social Question**, where children are encouraged to think deeply about the world, their communities and their relationships with others.

Unit Social Question: How Can We Make Friends When We Sing Together?

In this unit, we ask, '**How Can We Make Friends When We Sing Together?**'. The **Social Question** evolves as the children move through the scheme while encouraging them to be responsible and kind citizens of the world. Please refer to this question as you move through each lesson within the unit. The songs in each unit have been carefully chosen to support the **Social Question**. Include the social element of the unit in your end-of-unit/year performances.

Examples of cross-curricular related topics:

- Friendship and building relationships
- Kindness and helping one another
- Responsibility
- Families
- Communication
- Using your imagination
- Life in different countries
- Nature, the environment
- Connections with the past

Unit Activities and Supporting Documentation

Each unit is made up of the following activities:

Baseline Quiz (Unit 1 in each year only)

Activity 1: Musicianship Options:

- 1a. Understanding Music
- 1b. Improvise Together

Activity 2: Listen and Respond**Activity 3:** Learn to Sing the Song**Activity 4:** Play your Instruments with the Song**Activity 5:** Composing and Improvising

(KS1 composition options include; Compose with the Song, Create a Graphic Score)

Activity 6: Perform the Song

End of Unit/Year Quiz

Flexibility in the Unit Structure

The supporting documentation for this unit can be used flexibly. In order to support your approach to teaching and learning as well as the needs of your students, we have created a **Flexible Lesson Plan** and a **Flexible Unit Summary** grid which can be found on the unit homepage. These are editable and can be used at any stage throughout the year.

A Summary of Activities in this Unit

Step	Activity 1: Musicianship Options	Activity 2: Listen and Respond	Activity 3: Singing	Activity 4: Playing	Activity 5: Improvising and Composing	Activity 6: Performing
1	Option 1 Understanding Music Option 3 Improvise Together	Find The Beat by Joanna Mangona and Pete Readman	Find The Beat by Joanna Mangona and Pete Readman	N/A	N/A	Perform and share what has taken place in the lesson
2	Option 1 Understanding Music Option 2 Improvise Together	1-2-3-4-5 by Joanna Mangona and Pete Readman	1-2-3-4-5 by Joanna Mangona and Pete Readman	N/A	Option 1 Improvise with the Song Option 2 Compose with the Song Option 3 Create a Graphic Score: A Musical Up and Down Journey	Perform and share what has taken place in the lesson
3	Option 1 Understanding Music Option 2 Improvise Together	Head, Shoulders, Knees And Toes arranged by Rick Coates	Head, Shoulders, Knees And Toes arranged by Rick Coates	N/A	N/A	Perform and share what has taken place in the lesson
4	Option 1 Understanding Music Option 2 Improvise Together	Shapes by Joanna Mangona and Pete Readman	Shapes by Joanna Mangona and Pete Readman	Play instrumental parts	Option 1 Improvise with the Song Option 2 Compose with the Song Option 3 Create a Graphic Score: Animals	Perform and share what has taken place in the lesson
5	Option 1 Understanding Music Option 2 Improvise Together	We Talk To Animals by Joanna Mangona and Rick Coates	We Talk To Animals by Joanna Mangona and Rick Coates	N/A	N/A	Perform and share what has taken place in the lesson
6	Option 1 Understanding Music Option 2 Improvise Together	Option 1 We Are Together by Joanna Mangona and Pete Readman Option 2 Piano Sonata No.11 - III. Rondo Alla Turca by Wolfgang Amadeus Mozart	Revisit a song of your choice from this unit	Play instrumental parts with your chosen song, if available	Option to revisit Improvise and Compose activities	Perform and share what has taken place in the lesson and prepare for a concert